

NEWSLETTER

October

2026

Issue 02



This Month's Insight:

From the Directors

October Classes

We will have all our regular classes in October with the exception of Monday October 12th. We will not have classes on Thanksgiving.

Senior Dancers - Please mark your calendars with the following classes :
Sunday October 11th - 10:30-1:30 Hip Hop
Sunday October 18th - 12:00- 3:00 Contemporary

Happy Halloween

Our Orange and Black Spirit Week will take place Monday Oct. 26th - Thursday Oct. 29th. Your dancer can dress in their Halloween Colours! Tiny Tot and Fancy Feet are welcome to wear their Halloween Costumes to class that week.

We are in full swing at the studio these days. Thank you to all the parents for getting your dancer to all their classes on time!

Dance Jam is taking place in a few days. Those attending please read the section that has information about the convention.

Solos, duets and small group lists will be posted on the whiteboard in the lobby. If your dancer is interested in any of those - please take a look at the board, all the information is posted.

Dance Jam

Dancers attending Dance Jam on Sunday October 4th. Please arrive early to get your wristband from Miss Kylie at the Saskatoon Inn. The schedule has been e-mailed out to all those attending.

Solos & Duets

If your dancer wishes to participate in a solo and/or duet please pop into the studio during the month of October to sign them up. We are asking that each parent sign their name next to your dancers name to confirm. There is more information about solos and duets on the whiteboard, take a look.

Adult Classes

We are offering Adult Classes and there is something for everyone! E-mail us today to register.

Adult Tap (Advanced) - Mondays 9:00-9:45pm

Adult Tap (Beginner) - Thursdays 8:30-9:15pm

Adult Street Jazz - Mondays 8:00-8:45pm

Adult Barre(8 weeks)-Wednesdays 8:00-8:45pm

Baby Barre (8 weeks)- Mondays 9:30-10:15am

How to reach us:

306-682-5670

impactdancehumboldt@outlook.com

Facebook

Instagram

For You. For Your Health. For Your Joy.

ADULT CLASSES

Move. Laugh. Connect. ♥

SOMETHING FOR EVERY BODY



Adult TAP
Rhythm. Fun. Classic.

Learn timeless technique, fun combinations, and great music—one step at a time!



Adult STREET JAZZ
Strong. Stylish. Empowering.

High energy, modern moves, and feel-good vibes. Build confidence and have a blast!



Barre CLASS
Sculpt. Strengthen. Lengthen.

A full-body workout that combines ballet inspired movements, strength training, and stretching to help you feel your strongest.



Baby BAR CLASS
Stronger Mama. Happier Baby.

A safe, effective workout designed for moms with baby in tow. Build strength, improve posture, and connect with other moms!

♥ *You Deserve This Time.*

NO EXPERIENCE NECESSARY | ALL BODIES WELCOME | AMAZING COMMUNITY

♥ COME FOR THE WORKOUT. STAY FOR THE COMMUNITY. We can't wait to dance with you! ♥

Love DANCE STUDIO

♥ REGISTER TODAY! Spots fill up fast! ♥

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POSTPARTUM Baby Barre

MOVE. STRENGTHEN. CONNECT.

A gentle barre class designed for **new moms** and their **babies**. Rebuild strength, support your body, and connect with other moms in a welcoming space.



STRENGTHEN & TONE



SUPPORT YOUR POSTPARTUM JOURNEY



BOND & CONNECT WITH BABY & OTHER MOMS

You deserve this time.
For your body. For your mind. For you.

JOIN US & FEEL STRONGER TOGETHER

Payment Methods

Cheque

Cash

E-Transfer

impactdancehumboldt@outlook.com

DANCE AT A GLANCE

September 14th -17th - 1st Week of
Classes

September 20th Senior Contemp.
Choreography Class (12:00-3:00)

September 27th - Senior Hip Hop
Choreography Class (10:30-1:30)

October 4th - Dance Jam (Saskatoon)

October 11th - Senior Hip Hop
Choreography Class (10:30-1:30)

October 12th - No Classes
(Thanksgiving)

October 18th - Senior Contemporary
Choreography Class (12:00-3:00)

December - CDTA Tap and Jazz
Examinations (Date - TBA)

December 21st - January 3rd - No
Classes (Christmas Break)

January 4th - First Day Back

February 15th - 18th - No Classes
(Mid-Winter Break)

March 17th - 20th One More Time
(Saskatoon Competition)

March - RAD Ballet Examinations
Date - TBA

March 29th - April 2nd - No
Classes
(Easter Break)

April 14th - 18th Onstage
(Humboldt Competition)

April 28th - May 2nd Dance
Invasion (Regina)

May - Picture Days (Date TBA)

May 24th - No Classes
(Victoria Day)

May 28th - Dress Rehearsal

May 29th & 30th - Recital
Weekend (Humboldt)

Solo and Duet Choreography
will take place in October,
November and December.
Class times will be scheduled
once the season begins.

Small groups will start January
2027. More information about
small groups will be sent out at
a later date.