

WELCOME TO



Artistic Directors - Terralea Armstrong and Kylie Redl-Gosselin

We would like to take this opportunity to thank you very much for your support. As we embark on this new dance season, we understand there are many questions you may have about the studio. Whether you are new to the studio or returning from last year, this guide will help you to understand how the studio operates as well as a guideline for the year's events.

BENEFITS

One of the first questions posed by families getting involved in the dance world is quite simply: what does dance have to offer my child? Dance has many benefits, some of the most noteworthy would be:

- 1) **PHYSICAL EXERCISE** - Dance provides you with a healthy body. Dancers consistently outperform all athletes on skill and endurance tests.
- 2) **PROPER POSTURE** - Dance classes are noted for demanding this quality, and in fact have been given recognition for re-aligning those students with posture abnormalities.
- 3) **DISCIPLINE** - The art of dance expects both a mental and a physical discipline for its execution. Educators have noted how these qualities are also carried into the classroom as well as life in general.
- 4) **POISE & SELF-CONFIDENCE** - Dancers are noted for conducting themselves in a highly confident manner, whether that be on or off the stage. Dance students are noted for being leaders in the classroom as well as other extra-curricular activities.
- 5) **CO-ORDINATION** - In dance, the mind and body are brought together with graceful and controlled technique. Ice skating, gymnastics, and martial arts are just a few of the disciplines that are now incorporating dance into their training programs to improve their quality of movement.
- 6) **TEAMWORK** - Dancers work together in class towards to goal of dancing as a team on stage. They cheer for one another and encourage one another to become stronger, more confident dancers. Teamwork builds character for the stage and will follow them into adulthood.

There are many other general benefits to pursuing classes in dance. You learn how to work with others, yet you develop your own personal, unique style. Dancers help to create, share, and promote

a cultural environment that has existed for several centuries. The student learns, executes and achieves a standard, which is never lost and is highly portable.

STUDIO STRUCTURE

The studio is the classroom where all of a dancer's dreams are realized. There are many rules and responsibilities necessary to incorporate a smoothly running studio. At our studio, we want every student to be the best they can possibly be! It has been our experience that the character of a dancer is built through consistency, commitment, dedication, awareness, and the discipline to maximize upon the classroom teaching/learning experience. Our studio adheres to the following standards; failure to adhere to these requirements could result in the student being asked to withdraw from the classes.

- 1) **PROPER STUDIO ATTIRE & GROOMING** - This is **MANDATORY!** A student not conforming to this dress standard will be asked to leave the class; the student will be welcomed back once the proper attire has been secured.
- 2) **PROPER CLASSROOM DISCIPLINE** - A high standard of discipline will be maintained in the classroom. Class disruptions will result in the student being asked to leave the class; as a parent, you will be duly notified. Subsequent disruptions will result in the student being withdrawn from the class.
- 3) **REGULAR & PROMPT ATTENDANCE** - Students are expected to be at the studio, prepared for their class, approximately 5 minutes prior to class time. Regular attendance is essential as all students are relied upon as members of a team effort. Non-attendance is unfair to both the group and the student involved. If for some reason the student is physically unable to participate in class, it is highly beneficial to have them observe the class rather than not to attend at all.
- 4) **PROPER RESPECT FOR STUDIO FACILITIES** - Students are expected to:
 - A) Put garbage and recycling in proper bins
 - B) Remove outdoor shoes when entering the studio
 - C) Have all apparel hung or put in a dance bag
 - D) Understand that no food is allowed in the classroom

STUDIO ATTIRE & GROOMING

CORRECT APPAREL/ FOOTWEAR:

Ballet Footwear: Pink Ballet slippers (girls) with elastics or ribbons

- Black Ballet slippers (boys) with elastics
- Properly fitted pointe shoes for major exams

Ballet Attire - Girls - Tights and a bodysuit are required. Ballet skirts are optional

Boys - Shorts and t-shirt.

Jazz Footwear Girls - Beige Split Sole Jazz Shoe

Boys - Black Split Sole Jazz Shoe

Jazz Attire - Tightly fitted tops, bodysuits, leggings, dance shorts are all acceptable

Tap Footwear - Patent Black Tap Shoe (girls) Age 5 - approx. age 9

- Black Leather Tap Shoe (Girl) Approx. Age 8&up
- Black Oxford (Lace-up) Tap Shoe Age 11 or CDTA Grade 3
- Boys - Oxford (Lace-up) Black Tap Shoe

Tap Attire - Tightly fitted tops, bodysuits, leggings, dance shorts are all acceptable

Hip Hop - Clean Indoor Running Shoe - MUST NOT HAVE BEEN WORN OUTSIDE

Hip Hop Attire - loose fitting clothing, NO JEANS

AcroDance Attire - Bodysuits, dance shorts and/or leggings. Absolutely no tights (with the exception of footless or convertible tights) or socks in class

HAIR - MUST be pulled off the face in a bun or ponytail - This applies to ALL the disciplines

TUITION

Tuition is payable with 4 different options.

- 1) 9 Post-Dated cheques from September 1st- May 1st
- 2) 3 Post-Dated cheques September 1st, December 1st and March 1st.
- 3) 2 Post-Dated cheques September 1st and January 1st
- 4) Pay full tuition September 1st

Please make cheque(s) payable to Impact Dance Company. E-transfers are also accepted; please speak with Miss Terralea to make arrangements. Cash is also an acceptable payment method. Please use the envelopes provided at the front desk. Please make sure to add your dancer's name to the front. All tuition has GST included in the cost.

FEES

There are a variety of fees that are due throughout the dance year. Each dancer must pay a registration fee of \$25.00 (non-refundable). There is tuition for regular dance classes. There will be a costume deposit fee due when registering for dance of \$50.00/discipline, with the exception of AcroDance and Session Classes. The remainder of the costume fee is due once the costume(s) arrive. Exam fees are for those dancers participating in exam classes; the fee includes the cost of the exam prep classes as well as the exam itself. Competition fees will be collected once it has been decided what 'extras' the dancer will participate in (i.e. solos and/or duets, etc.). Fees must be paid by the due date given.

Solo, duet &/or trio fees are to be paid at the first class with the choreographer. Please note - the payment is to go directly to the choreographer.

Solos - \$165.00 Duets - \$200.00 Trios - \$240.00 Re-Using Previous Choreography Cleaning Class \$75.00

EXAMS

Examinations are the means by which a student is allowed the opportunity to be compared to national, and in some cases, international dance standards (i.e. a grade 1 Ballet exam with a mark of pass would be valid in Toronto or even Paris). Qualified examiners are sent out and the students are tested on their knowledge, understanding and demonstration of the set syllabus. There are various examination syllabi available. At this studio, we utilize the following:

1. The Canadian Dance Teachers Association (C.D.T.A.) Saskatchewan Branch Tap Syllabus. Students are examined in sets of 2 or 3. Proper exam attire must be strictly adhered to.

2. The Canadian Dance Teachers Association (C.D.T.A.) Saskatchewan Branch Jazz Syllabus. Students are examined in sets of 2 or 3. Proper exam attire must be strictly adhered to.
3. The Royal Academy of Dancing (R.A.D.) Children's Ballet Syllabus based in London, England in which the students are examined in pairs with the exception of Pre-Primary. Proper exam attire and etiquette must be strictly adhered to.
4. The Royal Academy of Dancing (R.A.D.) Major Ballet syllabus in which the students are examined in sets of 3 to 5. Proper exam attire and etiquette must be strictly adhered to.

Examinations are not necessarily for all children. Some children lack the drive, determination, or physical ability to be exam material. In addition, some students may even be emotionally unable to take exams. Students who enter must be prepared to work extra hours, both at the studio as well as at home, so their knowledge, understanding and demonstration of the syllabus is on par or beyond the standard expected. The entire examination syllabus is of a very high standard. The R.A.D. requires a 93% pass rate or the accreditation of the studio could be removed. It is because of these high standards that the director reserves the right to select which students will be permitted to enter into examinations.

Exams provide the yardstick for a student to measure their level of accomplishment against standards that have evolved from generations of dance research and knowledge. The exam programs give students attainable goals via the graduated program, which could culminate to a standard even the student could not initially foresee.

COMPETITIONS

At dance competitions, a participant pays an entry fee to compete against their dancing peers according to age, dance form and class. Students may compete in solos, duets, trios, small and large groups. Genres include tap, jazz, various styles of ballet, hip-hop, musical theatre, acrodance, lyrical, contemporary, modern, song and dance, and open.

The age diversification and entrance fees differ within individual competitions.

Our studio will attend multiple competitions. It is expected that you will compete with your group at all the competitions. Information regarding the competitions we will be attending this year will be sent out in a newsletter.

REMEMBER - Students are not entered just to win; a competition is just another facet of the ongoing learning experience of dance. The student is entered as encouragement to perform their best as well as to have fun. To enter competitions solely bent on winning is a losing game. Adjudicators have personal likes and dislikes, which can vary from one to another, each analyzing the same routine quite differently.

PARENT ACRODANCE VIEWING DAY

Acrodance classes that do not participate in the annual recital will be welcome to a showcase day (in May) at the studio for immediate family to come and watch dancers complete all the tricks and techniques taught throughout the dance season. We have limited space and welcome those that attend to video record so extended family can see all the dancer has accomplished.

RECITAL

The annual recital will be held during the month of May and is a chance for all parents and the community to see what has been accomplished during the year. More information will follow at a later date.

MONTHLY NEWSLETTERS

At the beginning of each month, a newsletter will go out to each family via e-mail and it will be posted on our website. Please refer to them for added information regarding upcoming dates and events taking place during the month.

CONTACT US

We hope this guide has helped to cover the majority of your queries, and if you have any more, do not hesitate to contact Kylie or Terralea at the studio. You can call during non-dancing hours 306-682-5670 or contact us via e-mail at impactdancehumboldt@outlook.com. You can find all the up to date information on our website at - <https://www.impactdancehumboldt.com/>. You can also find us on Facebook and Instagram ☺

Covid-19 Policies and Expectations (2020)

- Hair must be pulled back into a tight ponytail/braid or bun.
- Closer to the beginning of our dance season, each group will be emailed specifics to which of the doors they are to enter and exit for their classes.
- Please show up 5 minutes before your child's class.
- Parents please avoid coming into the studio lobby; please wait outside or in your vehicles.
- Children must maintain 6 feet distance as they enter and exit the building.
- If your child is unwell or has any symptoms such as cough, fever or shortness of breath please keep them home.
- Children who live in town are to be picked up for their supper breaks; this way dancers traveling from out of town have the opportunity to eat their supper in the lunchroom. If you need your child to stay for their supper break, please contact the studio ahead of time.